## **10 REASONS WHY MEN PULL AWAY AND....**



...THE ROMANCE DISAPPEARS!!



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## Is it really my fault?

The trap is really too easy! You've been in this situation perhaps a couple times by now! Guilt, depression and frustration all seem to seep in as you face one painful breakup after another. And you wonder 'why can't you manage to stay put in a relationship for anything more than a few months!?' Is it mere providence that you always bump into the wrong men or is it you, instead, who could actually be in the wrong?

#### Well, men can't talk and women can't read maps, they say!

From the way we think and feel, up to the way we eat and even gossip, we are different. There are a lucky few among us who learn to celebrate these differences and relish the partnership. But for most of us, these differences actually become our pitfalls and culminate into tragic ends to what could have been some real treasured relationships.

The amazing eBook, *10 REASONS WHY MEN PULL AWAY....AND THE ROMANCE DISAPPEARS!!* takes a keen look into a man's world and sheds some light on the things that actually matter.

We tell you, step-by-step, what is it that men find repelling in women and why eventually, that ever so-cozy romance just flies out the window.

Read on for one of the handiest guides on some of the most disastrous relationship blunders you could save yourself from.

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## 10 things to ask yourself...

#### 1. Do you have your own life?

Deep in there, men have an immense respect for women who have their own lives, hobbies and friends.

It's a thrill for your man to know that you've finally managed to give him a slot in your weekly planner instead of knowing that spending time with you is all that she has to do. Men admire ladies with minds of their own, tastes and preferences. There is definitely something really sexy about a woman who laughs, eats and enjoys to her heart's content, even if it is all by herself. Knowing how to live life on your own is something men always fancy in their women.

After all, men hate to know that they are the only source of recreation you have in your life!

Men love women who have their own lives to follow, things to do, pals to hang around with, etc. Remember, they always get drawn towards happy, cheerful and busy women who have a pleasant personality and are absolutely involved in their own lives. Do not be like those empty-minded damsels in distress who just need a man to fill up their lives. You just don't need to be sitting and slopping around, waiting for a man to turn up to make your life 'complete'.

This is important also, men like their women to be confident and secure in themselves. This is a big PLUS for men. A bold, strong lady, who can hold up her conversation even with a group of five men, is surely a turn on.

#### 2. How do you look?

Looks do matter! Sorry to say it ladies, but it does. Love indeed makes the world go around but the way you put yourself together is surely a woman's most precious adornment.

Men obviously do not want their women to be the complete center of attention but, nevertheless their heart flutters for women who are appealing. When you keep up with your looks and dress up well, it tells your man a lot about what you think of him and most importantly yourself. It really tells him he's worth the effort! Not to mention, that you take the time to pride yourself into looking good.

When we say 'looking good' we're not saying to dress up all bold and flashy or to book the next appointment to the nearest plastic surgeon. Instead, dress up bright and stylish and play up your feminine charm. Look at clothes, hairstyles, and make-up that accentuate your body type and play up your most gorgeous assets.

Remember, looking glamorous has always been in vogue. Your man will like it when you take good care of yourself, look good and stay healthy.

Don't ever get comfortable in a relationship and begin losing yourself. Keep yourself how you were when you met him and if not better. Because anyways, that's how you got him all hot and bothered. You'll always make him feel that you're making an

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effort to keep yourself lookin' good! Remember, you want the spotlight to be on you ALWAYS. You never want your man's eyes to stray!

#### 3. Do you argue a lot?

No two people can think alike, accepted! But that doesn't mean you have to badger his head out. Men give a lot of importance to their self-respect and self-esteem. If hurting his ego, demeaning him and making him feel inadequate just to get your point across is your way of handling arguments then you need to redo your strategy.



Interestingly, experts often point out that women have a lot of patience and resilience and can thrive well in a negative atmosphere. Sadly enough, men are not as

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blessed! They can easily feel suffocated in a relationship if daily arguments, disagreements and ugly brawls become a routine feature. Even worse, when you resort to hitting below the belt, you actually end up doing some irreversible damage.

If you taunt him over his past, at his peers, or at some of the most sensitive secrets he might have shared with you about his life, just to gain an edge in the argument, be sure you've lost his trust for all times to come.

Look at the healthier way of sorting out situations. You can surely arrive at a workable consensus if you sincerely try to. Peaceful coexistence is the answer. Getting into a heated argument over everyday issues will only worsen the matters and eventually, drive him away. To argue the right way is what you need to learn.

#### 4. Do you give him enough space?

Men are creatures of flight! You restrict them and there they go. Of course, you love to do things together and so does he, but space is quintessential here. Their own special nooks and corners are precious to them. Make sure not to tread on their personal space to retain the cordiality and warmth you share.

So, how do you do that? Just let him know you understand when he needs that special evening out with his pals and make a genuine effort at that. In fact, that's actually a way to show your respect for his needs and thus your affection for him.

Men hate it when prying eyes follow him everywhere they go. Repeated phone calls, frequent messages and of course, annoying inquiries will make him doubt the relationship in no time. When you are constantly asking for attention and refuse to give him his own space, it shows traces of insecurity in your own self. To give a breathing space, that's what is crucial here.

Let him take his own decisions when he wants to. You can obviously express your opinions on that, but you have to accept that men and women think differently. Let him decide his own course of life. More importantly, let him know that you are with him, whichever path he might choose.

#### 5. Do you let him talk?

This one might sound odd, but men need to talk too. It's alright if you are the master at communication and men might not be as good at it, but they need to vent out too. You are headed for a disaster if you stifle him with your opinions, what you feel, how you think and so on. In fact, it's often difficult for men to talk. So, when they do, listen to them and give them all your attention. It might actually tell you a lot about the way your guy thinks and what goes on inside his mind.

For instance, he's just come to your place for a cup of coffee and is seemingly unhappy about his day at work. As he sits and broods, telling you all about what happened and you sit on the other end, busy rummaging through a magazine is disrespectful to him when he's being sincere to you. Even worst, as he tries to tell you about his day, you simply cut him short and start ranting on how bored you were the whole day and how you were miserable in his absence and so on is a sure recipe for disaster!

Make sure you and your partner have the same wavelength and can think from similar perspectives at a given point of time. There is nothing more comforting to know that there is someone who can visualize what you are going through, can empathize and understand your state of mind without him having to make an enormous amount of effort.

For your guy to be comfortable with you, communication is the key. And communication is not only about being able to express yourself clearly, but it is also about how good a listener are you. Be appreciative of his opinions and give him a window to talk without any barriers.

#### 6. How do you handle sex?

Be forthcoming and you run the risk of looking cheap and trampy. Be too modest and you actually look prudish. Sex is a tricky affair, especially if you've just met your man a few weeks back. A slight flirtatious attitude is acceptable, but making the first move is always a big disaster.

You need to know when and how to make those subtle advances without appearing crude or even worse, desperate. Men hate being pushed into anything, especially in a relationship.

Refrain from making any comments or gestures that are overtly sexual. Placing a hand on his knee or tapping his shoulder gently is perfectly fine but too much public displays of affection, until you both are comfortable, with definitely make him bolt.

Nature meant men to lead the way in sexual pursuits. Wait for him to make the first move. Let him plan your dates out. If you are the one making all the plans, you will never know whether he actually wants to be with you in the first place. Just cherish each moment of your present as it passes by and let him take you by the hand, ahead into the relationship.

At the same time having too much of an attitude, behaving too inaccessible or behaving excessively artificial puts off men more than anything else. Men like real women, with their natural desires and wishes.

#### 7. Do you complain and grumble all the time?

No one likes to be with a grumbling pot! We get into a relationship for solace, comfort, companionship and warmth in life. It's alright if you lean on him in distress. But, don't look for a counselor in your partner day in and day out.

Next in line is your habit of picking up faults all the time. "Don't I ever do anything right?" is that what you want him to feel? You have not been assigned the charge of improving him or the world around him. Stop being critical about everything and every person around you.



Men like women who are at an ease with their surroundings and who love the world around them.

If you criticize, nag or pressurize over trivial issues all the time, men see it as an attention seeking tactic. No one wants to handle insecurities day in and day out. Most importantly love yourself first in order to be loved by the other.

#### 8. Are you obsessed with commitment?

Now, this one is as ancient as humanity itself. We all want to be secure and settled but pushing someone towards a commitment per force is a sure way to a sad end. It is natural for women to be insecure about where the relationship is headed to. But if you can believe it, men feel the same way too!

Men love to have families and babies. They are the ones who would want a commitment sooner than you, but at the right time. Each passing day strengthens your relationship and helps you understand each other better. Take time to know each other and know whether you actually want to take it further.

Take each day as it comes. Relish every moment you have with him and just share your views on commitment in a relationship as a companion. If true love blossoms, he will be actually the first one to take the lead!

## 9. Do you dislike his friends and family?

They've been there long before you entered his life. We agree that you might not be the best of friends with his pals, or the daughter that his mother never had but be patient, cordial, and respectful. This is very important because family and friends play a major role in his life.

Learn to co-exist. At the core of it, you need to understand that his family and friends are a part of his existence as much as you are. Showing any open disregard to any of them would signal your lack of respect to his sentiments as well.

Refrain from making any derogatory remarks about his peers, as much as you might be tempted to. For instance, you might feel strongly about one of his close aides being flirtatious, two-timer Casanova, but you don't have to point it out all the time. Apart from irritating him, you might also just push him into his shell, forcing him to stop sharing any of his gossip with you.

Moreover, any dislike you show for his people actually reveals your insecurities. He is all that should matter and the rest indeed comes later.

#### 10. Do you respect his privacy?

#### Are your personal details up for scrutiny?



By nature, men are fiercely protective of their personal and sexual lives. A threadbare analysis of each of the aspects of your personal relationship with your gal friends will eventually reflect in how you interact with him. Men don't mind you sharing your intimate details with your friends to some extent. But, watch out...your relationship is after all not a family affair! He is not looking for a telecast of whatever he shares with you, especially in his weaker moments.

To gossip is fun, but know your boundaries.

Spare the details. After all, would you like your guy's friends to know all your hushed bedroom stories of the night before?

#### 5 top romance stealers...

Rekindle the romance in your life by knowing about these 5 top pitfalls that create distances. Be careful not to fall for any of them and be ready to take your bond a step further...

- 1. When there are no special moments...
- 2. When sex takes a backseat...
- 3. When you take him for granted...
- 4. When you get too ambitious in life...
- 5. When you are stressed out all the time...



There is nothing like romance to keep the relationship going. Beyond all logistics, it is the warmth you share that matters. That special 'me 'n you' time is the saving grace in every relationship. Make an effort, keep your bond nourished and reinvent yourselves all the time. You will end up saving yourself a lot of heartache and trauma...that's a promise!!

## The Last Word... Why me??

It's got nothing to do with you specifically! As we said in the beginning, men and women are different by design. It's just how you understand this difference and learn to relish than resent it.

The basic man and woman natures have their own nuances. It is just a matter of knowing the roots of this variation and respecting it in all its might.

Life is all about making choices. In a relationship, you will get the quality of life you want.

#### Learn to appreciate your differences

Make the right choices and all the bliss will be yours for years to come!